

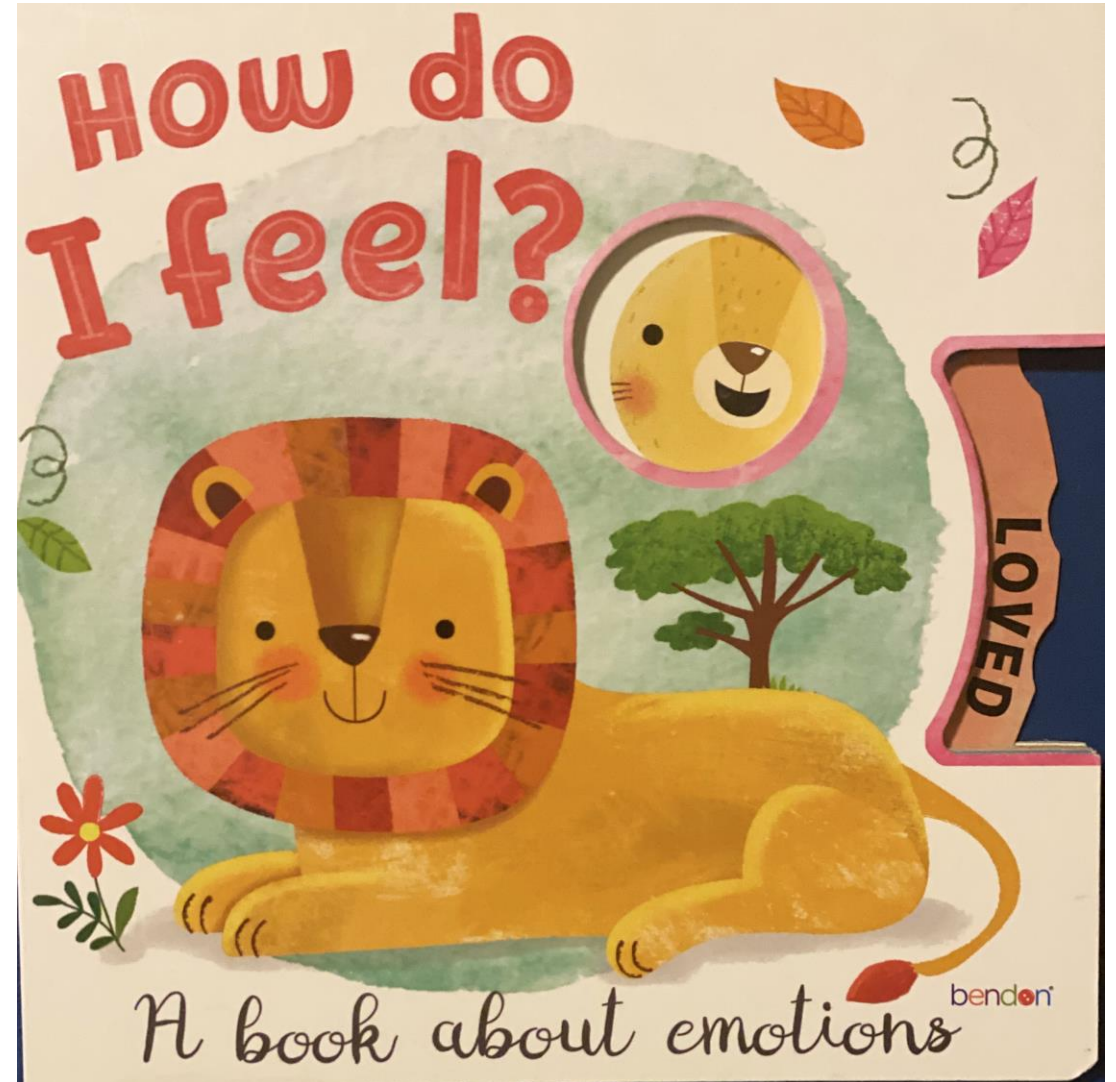


**HOW DO I FEEL?**



# 1. READ

- Physical Book



# 2. ACTIVITY

- Coloring Sheets with Pictures of Different People or Animals with Different Emotions
  - Happy: <http://www.supercoloring.com/coloring-pages/letter-h-is-for-happy>
  - Sad: [https://www.learn4good.com/media/l4g\\_pages/old\\_wp/4/files/printable-coloring-page/sad.gif](https://www.learn4good.com/media/l4g_pages/old_wp/4/files/printable-coloring-page/sad.gif)
  - Mad: <http://www.supercoloring.com/coloring-pages/inside-out-anger>
  - Scared: <https://coloring-pages.info/velma-running-afraid-scooby-doo-fdce-printable-coloring-pages-book-4216>

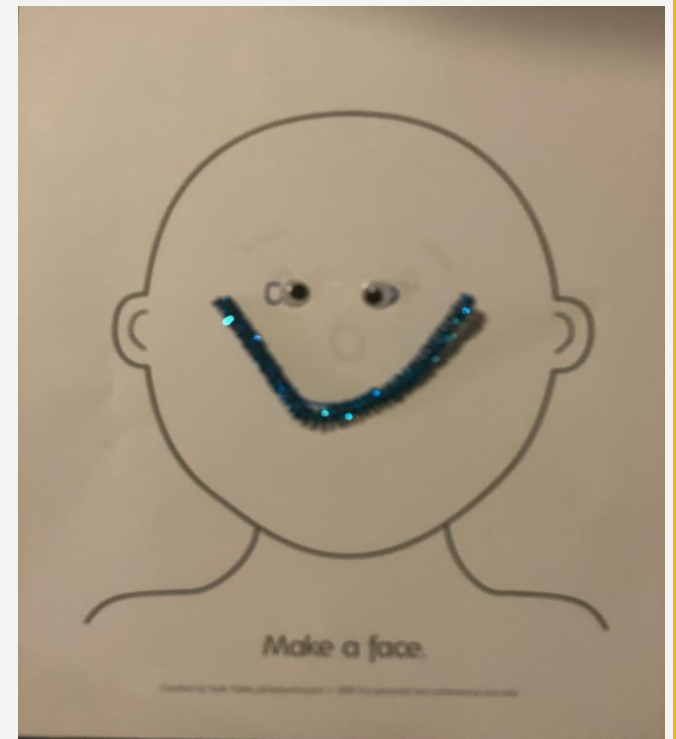
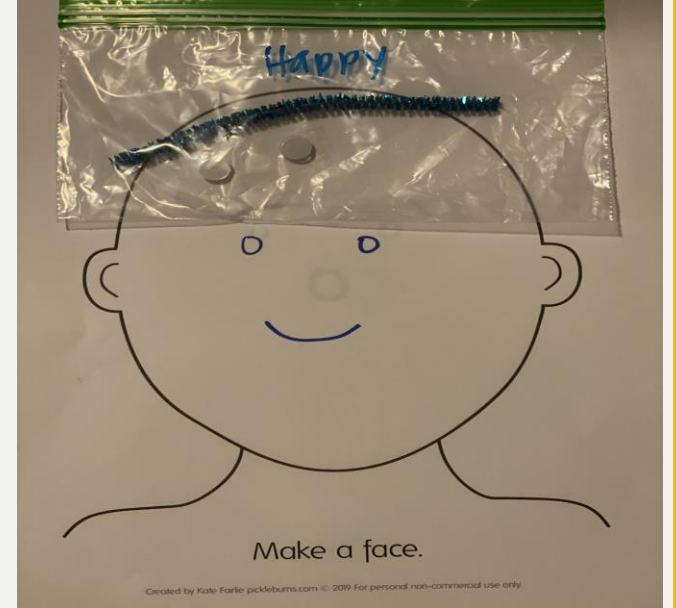
# 3. GAME

- Matching Game
  - <https://fromabcstoacts.com/emotions-matching-game/>
  - For younger children you can keep the cards face up so easier to find matches.
  - For older children you can flip the cards face down.



# 4. CRAFT

- Using a blank face we glued on different craft items to display the correct emotion.
- Materials we used:
  - Pipe Cleaners
  - Googly Eyes
  - Construction Paper
  - Blank printable face: <https://picklebums.com/make-a-face-activity/>



# OTHER ACTIVITIES

- Reviewed emotion cards: We got these from MindWings.  
<https://mindwingconcepts.com/collections/all/products/our-friend-braidy-interactive-poster>

You can use any emotion cards though.

- iLearn With Poko: Emotions, Feelings and Colors App

