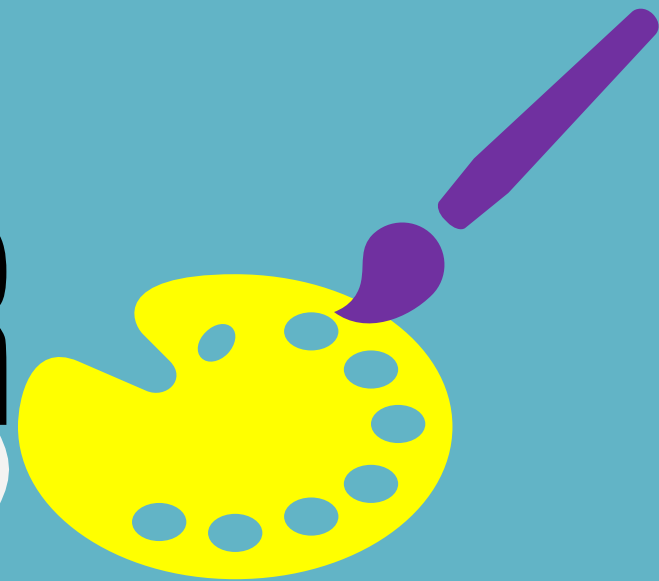


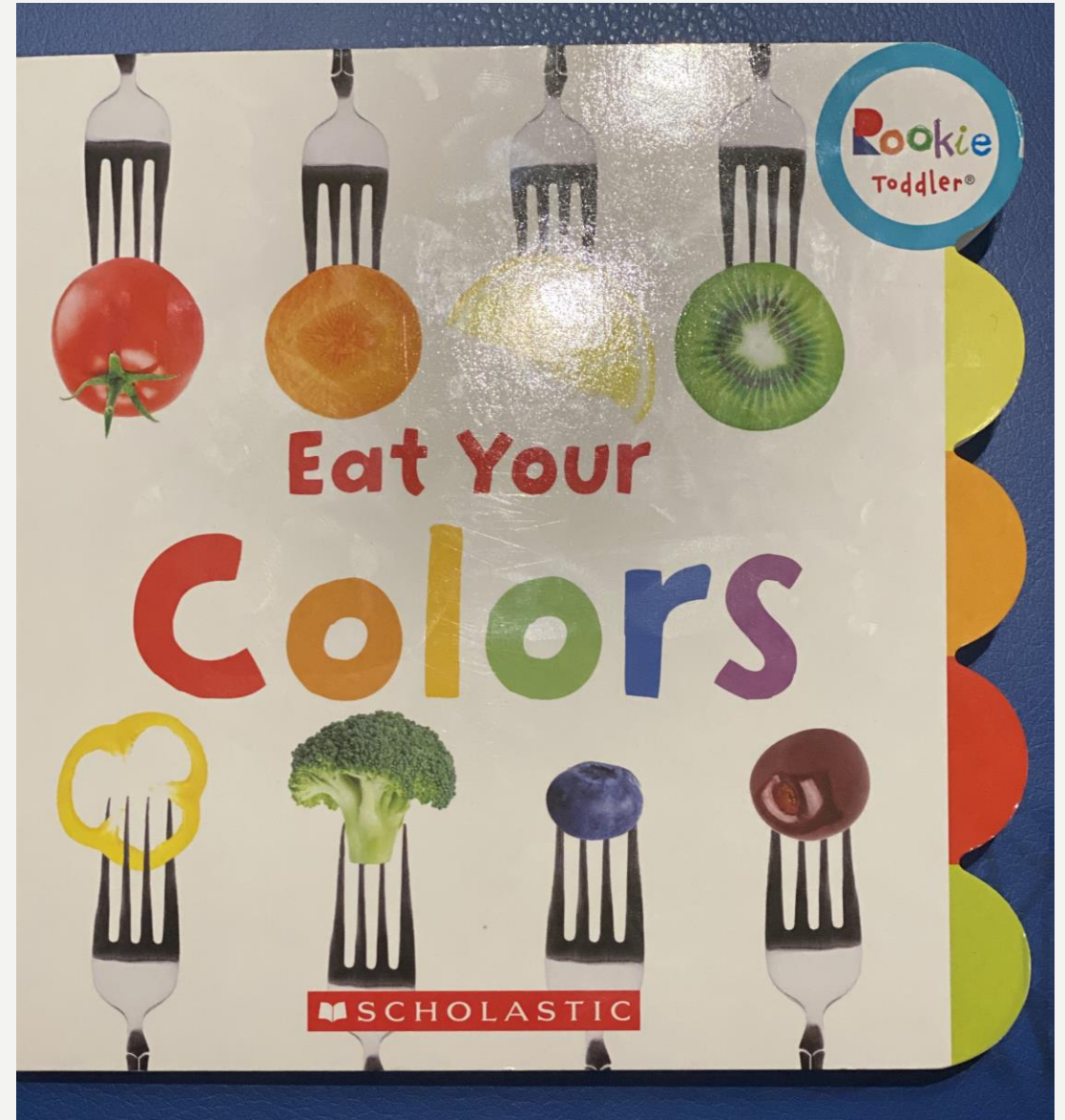
**EAT YOUR  
COLORS**



# 1. READ

Book Options

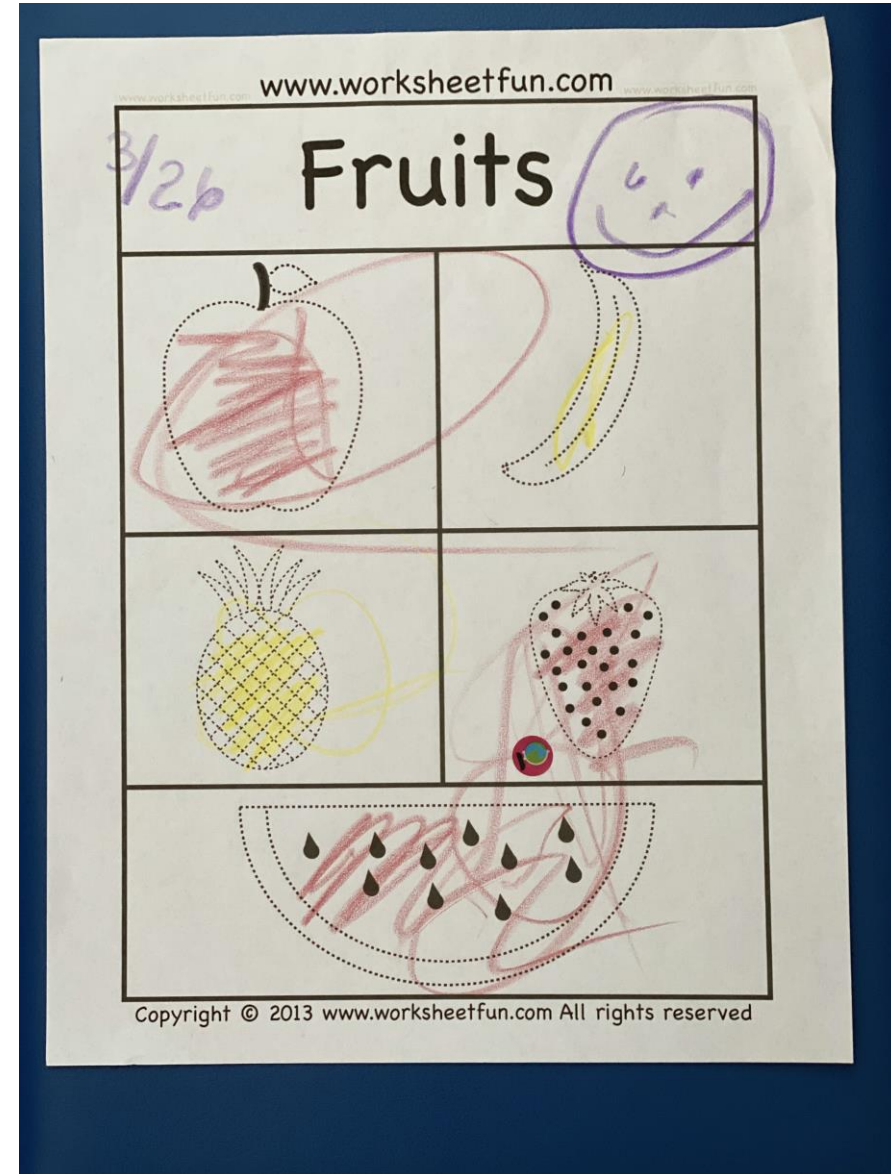
- Physical Book



## 2. ACTIVITY

- Color the worksheet from:  
<https://www.worksheetfun.com/2013/10/11/fruits-coloring-tracing-4-preschool-worksheets/>
- Sensory Bin: fill up a clear plastic storage container with your choice of soapy water, dried pasta or rice. Add pretend toy fruits and vegetables to the container.
- Music: Listen to Finger Family Song-  
Vegetables

<https://www.youtube.com/watch?v=mqBlWw84Ajw>





# 3. GAME

- HABA My Very First Games First Orchard



# 4. CRAFT

- We modified this rainbow craft:

<https://www.superteacherworksheets.com/blog/eat-a-rainbow-nutrition-activity->

